

SELF PSYCHOLOGY

Floyd Nolen Jones, Th.D., Ph.D.

Excerpt from Apples of Gold

“A word fitly spoken is like apples of gold in pictures of silver.” Proverbs 25:11

Biblical Christianity and humanistic psychology agree on one basic point – that we must come to a knowledge of ourselves — but for different reasons. Psychology teaches us to know ourselves, so we can feel good about ourselves. Biblical Christianity teaches us to know ourselves so that we can turn away from ourselves and discover our life and identity in Christ Jesus.

How I think about myself will not change the situation nor adjust what I am. Embracing a positive image of SELF will not in the long run make any difference because I am still wrapped up in myself. I simply become a self-centered sinner who is trying to like himself. The call of the gospel is away from self and unto Jesus because SELF is the problem and JESUS is the solution.

Where do you choose to look? Romans 7 says "For I know that in me dwelleth no good thing." Let us turn away from self and find our identity in the person of Jesus Christ. We will no longer show forth what great, wonderful people we are. Rather, we will demonstrate what a great, wonderful Lord and Saviour we have in Jesus Christ. To HIM be all the glory.

Let us look away from ourselves unto the throne where we are seated in 'heavenly places'.